

FREE
ADMISSION

Cancer affects all our lives.



Bermuda CANCER Forum

12:10 – Keynote Speaker

HEAL FASTER, BETTER, STRONGER
How to optimally recover after cancer

Dr. Julie Silver
HARVARD MEDICAL SCHOOL



Dr. Julie Silver is an acclaimed author and cancer survivor who specializes in rehabilitation medicine with a focus on physical recovery. She has been featured on The Today Show and has also been recognized by the American Cancer Society for her work with cancer survivors.

Related services and products on display. Learn what is available in Bermuda.

Saturday, March 12th, 2011
City Hall, Hamilton
9.30am – 3.00pm

Join leading professionals and Bermuda's cancer organisations as they come together and help you learn about:

- Prevention and screening
- Living with cancer
- Survivorship
- End of life care

*** Free blood pressure check**

*** Free blood glucose screening**

For more information and a schedule of events throughout the day, please call **236 -1001** or visit **www.chc.bm**

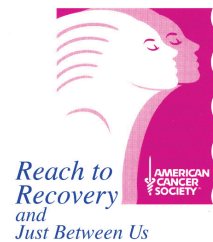
EVENT SCHEDULE

- 11 am** **ASK THE DOCTORS**
Question and answer period with a panel of experts
- 12:10** **KEYNOTE SPEAKER**
Dr. Julie Silver
- 1:30** **PRESENTATION**
Reading food labels and healthy eating
- 2:15** **DEMONSTRATION**
Exercises you can do at home

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Bermuda Hospitals Board